

Health Ministry Meeting

September 5, 2024, 7:00 PM

Meeting at St. Anthony Parish Hall

Members attending: Mary Freitag, Mary Ricci, Roberta Braml, Angela Schug, and Liz Larson

Opening Prayer was led by Mary F.

Reviewed minutes from May 23rd meeting. No changes made.

Updates:

Catholic Herald Article: The article on our health ministry program was well received. One church from Merrill contacted Mary F about our program and may be interested in developing such a program for their church. Another person inquired about having a mental health ministry. We felt we would not be able to provide this type of ministry. Mary F and Roberta will follow up and meet with the other inquiry to get a better understanding of the need requested.

Weight & Wellness: Past program members have the opportunity to attend monthly meetings. We typically have 8-12 members who do attend the monthly meeting. Mary R has plans to start another class, perhaps later this fall or the first of the year.

Stepping On: A Booster Class is scheduled for September 12th, 6-8 PM. To date only 4 people have said they will not be attending.

Blood Pressure Screening:

September – Mary Freitag

October – Mary Ricci

November –

December –

CPR/AED/Stop the Bleed: October 23rd would work best for Nikki and Rebecca to do the CPR/AED/Stop the Bleed training. Mary F. to contact the ushers to let them know about the class and we want to open this up to anyone else that may be interested. Mary F. will get something to Michelle for the bulletin and we plan to offer this on October 23rd from 6:15-7:30 to coincide with the religious ed classes so anyone else interested may attend.

Church First Responders:

At our May meeting, Mary R suggested having a first responder type response program. Moving forward with this, Mary R will put together a posting to have Michele place in the bulletin, seeking people who are interested and are trained medically to provide “first response” medical assistance at church mass/events. This would include first responders, EMTs, nurses, etc. These people would then check in with the ushers so the ushers know who is in attendance for a particular mass/event. Ushers will also have a back-up list of people should the need arrive for medical assistance.

Catholic United Presentation:

Financial Planning/End of Life - Looking for dates to again have this presentation, perhaps after the Sunday social.

Financial Planning/Families – This would be for younger families to assist them in having a plan. It was suggested to have this on a Wednesday evening when parents would be available at the same time their children would be attending catechism. Mary F will talk with Deacon Steve/Greg about schedules and then contact Catholic United.

Next Meeting: October 24, 2024, at 7:00 PM.

Closing prayer was led by Mary F.

Submitted by Mary Ricci